



DMC YOUTH INDEPENDENT AF (AND FUN)



If you are a youth with a disability
ages 14-24 and live in Orange County,
please join us for:

- Live Out Loud (LOL)
- The Independent Kitchen
- Independent Living Skills
- How to Work It
- Peer Support
- Inclusive Improv

LOCATION: 100 South Atchison Street, Anaheim, CA 92805

CONTACT INFO:

David Wrathall
Youth Outreach Coordinator
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Nelly Gomez (Español)
Youth Outreach Coordinator
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ngomez@daylemc.org

Programming held every Saturday - See Youth Calendar for more details

Follow us on social media:



 /dmcsyouthindependentaf

 @dmcyouthindependent_af



DMC YOUTH INDEPENDENT AF (AND FUN) CALENDAR

1st Saturday of every month:

Live Out Loud (LOL)

Come hang out and have fun playing games, singing karaoke, doing crafts and more!

Time: 11:00am-3:00pm

Dates: 1/5/19, 2/2/19, 3/2/19, 4/6/19, 5/4/19, 6/1/19, 7/6/19,
8/3/19, 9/7/19, 10/5/19, 11/2/19, 12/7/19

2nd Saturday of every month:

The Independent Kitchen

A hands-on cooking class focusing on kitchen and food safety that will allow youth to take home recipes and cook independently.

Time: 11:00am-1:30pm

Dates: 1/12/19, 2/9/19, 3/9/19, 4/13/19, 5/11/19, 6/8/19, 7/13
8/10/19, 9/14/19, 10/12/19, 11/9/19, 12/14/19

3rd Saturday of every month:

Independent Living Skills

Group for youth with all disabilities, who want to learn skills for living independently.

Time: 11:00am-12:30pm

Dates: 1/19/19, 2/16/19, 3/16/19, 5/18/19, 6/15/19,
7/20/19, 8/17/19, 9/21/19, 10/19/19, 11/16/19

See back of calendar for more



DMC YOUTH INDEPENDENT AF (AND FUN) CALENDAR

3rd Saturday of every month (continued):

How to Work It

A group where youth can learn about all things work including building job skills, how to be work ready, and asking for accommodations.

Time: 1:30pm-3:30pm

Dates: 1/19/19, 2/16/19, 3/16/19, 5/18/19, 6/15/19,
7/20/19, 8/17/19, 9/21/19, 10/19/19, 11/16/19

4th Saturday of every month:

Peer Support

A safe place to talk about feelings, share experiences, ask tough questions and get answers about things that affect daily life.

Time: 11:00am-12:30pm

Dates: 1/26/19, 2/23/19, 3/23/19, 4/27/19, 6/22/19,
7/27/19, 8/24/19, 9/28/19, 10/26/19, 11/23/19

Inclusive Improv

Learn to think quickly by acting without a script!

It's fast! It's fun! It's a little bit silly!

Time: 1:30pm-3:30pm

Dates: 1/26/19, 2/23/19, 3/23/19, 4/27/19, 6/22/19,
7/27/19, 8/24/19, 9/28/19, 10/26/19, 11/23/19

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Please note: lunch will not be provided

